



Health and Physical Wellbeing

**L1HPS Assessment Statement 2019**

Not Eligible for Course Endorsement

Year : 11

Course : Health &amp; Physical Skills

Total Credits : 11

Health & Physical Skills is for students who will complete a practical based course that challenges student performance skills and fitness levels. Entry requirements for this course are passing the Year 10 HPW programme. An obvious interest in Physical Wellbeing and a willingness to be involved in Physical Activity is compulsory. Final discretion will be with HPW staff.

No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	90962	3	1	5		Physical Education 1.1 - Participate actively in a variety of physical activities and explain factors that influence own	Practical & write up	1	Week 5 Term 2		
2	90967	3	1	3	L1 Lit	Physical Education 1.6 - Demonstrate strategies to improve the performance of a physical activity and describe the outcomes	Practical & Write up	1	Week 9 Term 3		
3	90964	3	1	3		Physical Education 1.3 - Demonstrate quality movement in the performance of a physical activity	Practical	1	Week 5 Term 3		

**School Assessment Procedures** - You can view your rights and obligations (in terms of resits and resubmissions) under the school's assessment procedures at the school website: [www.sbhs.school.nz](http://www.sbhs.school.nz) - Curriculum - NCEA.

**Course Planners** - Your teacher will provide you with a course outline at the start of your course. Visit the school website to obtain further copies: [www.sbhs.school.nz](http://www.sbhs.school.nz) - Curriculum - Assessment and school exams.

**NZQA** - For a range of information on the National Certificate of Educational Achievement, University Entrance, and Scholarship go to: [www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/](http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/)

**Assessment Opportunities Offered** - In addition to what is listed above, other authentic standard specific evidence may be used instead of a formal assessment event. See your teacher for details.

**Record your internal grades** on this sheet and ask your teacher to sign it off as correct. You can then use this as evidence of your achievement. Also check your progress at the student/parent portal: [portal.sbhs.school.nz/student/](http://portal.sbhs.school.nz/student/)